

Weekly Menu at a Glance

SUN

MON

TUES

WED

THURS

FRI

SAT

Breakfast

Scrambled Eggs w/Cheese Blueberry Muffin - Margarine Oatmeal Cereal Cold Cereal of Choice Coffee or Hot Tea Milk Orange Juice	Sausage Patty French Toast - Margarine - Syrup Oatmeal Cereal Cold Cereal of Choice Coffee or Hot Tea Milk Orange Juice	Scrambled Eggs Biscuit - Margarine - Jelly Oatmeal Cereal Cold Cereal of Choice Coffee or Hot Tea Milk Orange Juice	Sausage Patty Buttermilk Pancakes - Margarine - Syrup Oatmeal Cereal Cold Cereal of Choice Coffee or Hot Tea Milk Orange Juice	Egg & Hash brown Bake Toast - Margarine - Jelly Oatmeal Cereal Cold Cereal of Choice Coffee or Hot Tea Milk Orange Juice	Scrambled Eggs Peach Streusel Coffee Cake - Margarine Oatmeal Cereal Cold Cereal of Choice Coffee or Hot Tea Milk Orange Juice	Bacon Baked Cheese Omelet Toast - Margarine - Jelly Oatmeal Cereal Cold Cereal of Choice Coffee or Hot Tea Milk Orange Juice
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Lunch

Fried Chicken Tuna Salad Sandwich - Lettuce & Tomato Ranch Style Potato Wedges Macaroni Salad Calico Coleslaw Marinated Cucumber & Onion Salad Cornbread - Margarine Peach Pie w/Crumb Topping Coffee or Hot Tea	Hawaiian Baked Ham Herbed Chicken Breast Whipped Sweet Potatoes Parsley Noodles Broccoli Florets Sliced Carrots Dinner Roll/Bread - Margarine Pineapple Tidbits Coffee or Hot Tea	Baked Ziti w/Meat sauce Breaded Chicken on a Bun - Mayonnaise - Lettuce & Tomato French Fries - Ketchup Sautéed Spinach w/Garlic Tossed Salad w/Dressing Parmesan Breadstick Strawberry Shortcake Coffee or Hot Tea	Shredded Pork on a Bun Beef Stuffed Green Peppers Tater Tots - Ketchup Zucchini & Onions Braised Cabbage Dinner Roll/Bread - Margarine Tropical Fruit Salad Coffee or Hot Tea	Beef Pepper Steak w/Gravy BBQ Pork Chop Garlic Mashed Potatoes Yellow Rice Seasoned Green Beans Seasoned Whole Kernel Corn (veg) Dinner Roll/Bread - Margarine Snickerdoodle Cookie Coffee or Hot Tea	Shrimp Scampi Smothered Turkey Patty Steamed Rice Parmesan Noodles Buttered Green Peas Sliced Carrots Dinner Roll/Bread - Margarine Chocolate Pudding Parfait Coffee or Hot Tea	Chicken Pasta Primavera Hamburger on a Bun - Lettuce & Tomato - Ketchup - Pickle Spear French Fries - Ketchup Tossed Salad w/Dressing Green Pea Salad Garlic Breadstick Chocolate Brownie Coffee or Hot Tea
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Dinner

Swedish Meatballs Smothered Turkey Patty Buttered Noodles Mashed Potatoes Sautéed Asparagus Cuts Sliced Carrots Dinner Roll/Bread - Margarine Deluxe Fruit Salad Coffee or Hot Tea Milk	Breaded Pollock Fish Fillet - Tartar Sauce Smothered Steak Cheesy Rice Oven Browned Potatoes Peas & Carrots Seasoned Green Beans Parsley Dinner Roll - Margarine Lemon Cake w/Icing Coffee or Hot Tea Milk	Turkey Salad Sandwich - Lettuce & Tomato Egg Salad Sandwich - Lettuce & Tomato Creamy Dill Macaroni Salad Potato Chips Confetti Coleslaw Creamy Cucumber & Onion Salad Summer Fresh Fruit Cup Coffee or Hot Tea Milk	Honey Dijon Chicken Thigh Sweet & Sour Meatballs Rice Pilaf Egg Noodles Broccoli Florets Sliced Carrots Dinner Roll/Bread - Margarine Tuxedo Cheesecake Bar Coffee or Hot Tea Milk	Cheese Ravioli w/Marinara Sauce Herb & Lemon Fish Fillet Potato Wedges - Ketchup Caesar Salad Seasoned Spinach Garlic Bread Seedless Watermelon Cubes Coffee or Hot Tea Milk	Chicken Salad Sandwich on Croissant - Lettuce & Tomato Thin Crust Cheese Pizza Macaroni Salad Marinated Cucumber & Tomato Salad Broccoli Salad Breadstick Fruit Cocktail Coffee or Hot Tea Milk	Kielbasa Sausage Chicken Tenders. - Honey Mustard Mashed Potatoes Herbed Noodles Seasoned Cabbage Green Beans Dinner Roll/Bread - Margarine Chilled Peach Parfait Coffee or Hot Tea Milk
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Breakfast:

Bacon French Toast	Scrambled Eggs	Biscuit	Baked Cheese Omelet	Breakfast Ham	Western Scrambled Eggs	Sausage Patty
- Margarine	Glazed Cinnamon Roll	- Sausage Gravy	Toast	Scrambled Eggs	Toast	Buttermilk Pancakes
- Syrup	Oatmeal Cereal	Hash brown	- Margarine	English Muffin	- Margarine	- Margarine
Oatmeal Cereal	Cold Cereal of Choice	Oatmeal Cereal	- Jelly	- Margarine	- Jelly	- Syrup
Cold Cereal of Choice	Coffee or Hot Tea	Cold Cereal of Choice	Oatmeal Cereal	- Jelly	Oatmeal Cereal	Oatmeal Cereal
Coffee or Hot Tea	Milk	Coffee or Hot Tea	Cold Cereal of Choice	Oatmeal Cereal	Cold Cereal of Choice	Cold Cereal of Choice
Milk	Orange Juice	Milk	Coffee or Hot Tea	Cold Cereal of Choice	Coffee or Hot Tea	Coffee or Hot Tea
Orange Juice		Orange Juice	Milk	Coffee or Hot Tea	Milk	Milk
			Orange Juice	Milk	Orange Juice	Orange Juice
				Orange Juice		

Lunch:

Roast Beef Au Jus	Chicken Parmesan w/	Garlic Herbed Pork Loin	Tuna Salad Sandwich on	Homestyle Meatloaf	Herb & Lemon Fish Fillet	Sweet Garlic Chicken Breast
Basil Pork Chop	- Spaghetti Noodles	Rosemary Chicken Breast	Croissant	w/Ketchup Glaze	Grilled Cheese Sandwich	Hamburger Steak
Garlic & Rosemary Roasted	Breaded Pollock Fish Fillet	Oven Browned Potatoes	- Lettuce & Tomato	Rancher's Pork Chop	Au Gratin Potatoes	- Brown Gravy
Red Skin Potatoes	- Tartar Sauce	Buttered Orzo	Ham & Cheese Sandwich	Mashed Potatoes	Tater Tots	Pineapple Rice Pilaf
Buttered Rice	Tater Tots	Peas & Carrots	- Lettuce & Tomato	Rice Pilaf	- Ketchup	Parsley Noodles
Sautéed Spinach	- Ketchup	Green Beans	- Mayonnaise	Sliced Dill Carrots	Broccoli Florets	Buttered Green Peas
Seasoned Zucchini	Broccoli Florets	Dinner Roll/Bread	Garden Pasta Salad	Seasoned Spinach	Green Beans	Sliced Carrots
Dinner Roll/Bread	Sliced Carrots	- Margarine	Potato Chips	Dinner Roll/Bread	Breadstick	Dinner Roll/Bread
- Margarine	Garlic Breadstick	Chilled Pears	Creamy Cucumber & Onion	- Margarine	Summer Fresh Fruit Cup	- Margarine
Apple Crisp	Chocolate Chip Cake w/White	Coffee or Hot Tea	Salad	Strawberries & Banana	Coffee or Hot Tea	Sugar Cookie
Coffee or Hot Tea	Frosting		Calico Coleslaw	Coffee or Hot Tea		Coffee or Hot Tea
	Coffee or Hot Tea		Orange Sherbet			
			Coffee or Hot Tea			

Dinner

Tomato Soup	Swiss Steak w/Gravy	Thin Crust Cheese Pizza	Honey Glazed Turkey.	Marinated Chicken Thigh	Baked Ziti w/Cheese	Philly Cheesesteak Sandwich
- Saltine Crackers	Baked Macaroni & Cheese	Italian Sausage	- Poultry Gravy	Cheese Quiche	Smothered Turkey Patty	- Sautéed Peppers & Onions
Grilled Ham & Cheese	Herbed Mashed Potatoes	Herbed Potato Wedges	Herb Baked Fish Fillet	Buttered Rice	Mashed Potatoes	Breaded Chicken on a Bun
Sandwich	Seasoned Whole Kernel Corn	Parmesan Baked Zucchini	Baked Potato	Green Peas	Caesar Salad	- Mayonnaise
ked Chicken Breast on a Bun	(veg)	Tossed Salad w/Dressing	- Sour Cream	Capri Vegetable Blend	Squash Medley	- Lettuce & Tomato
- Lettuce & Tomato	Baked Tomato Halves	Italian Herbed Dinner Roll	- Margarine	Dinner Roll/Bread	Garlic Bread	French Fries
- Mayonnaise	Dinner Roll/Bread	- Margarine	Steamed Rice	- Margarine	Butterscotch Pudding	- Ketchup
French Fries	- Margarine	Peach Shortcake	Herbed Green Beans	Black Forest Cake	Coffee or Hot Tea	Macaroni Salad
- Ketchup	Seedless Watermelon Cubes	Coffee or Hot Tea	Broccoli Florets	Coffee or Hot Tea	Milk	Tossed Salad w/Dressing
Whole Kernel Corn	Coffee or Hot Tea	Milk	Dinner Roll/Bread			Marinated Cucumber & Tomato
Confetti Coleslaw	Milk		- Margarine			Salad
Green Pea Salad			Fruit Cocktail			Chilled Peach Parfait
Vanilla Ice Cream			Coffee or Hot Tea			Coffee or Hot Tea
Coffee or Hot Tea			Milk			Milk
Milk						



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Lunch

Meatballs w/Marinara Sauce - Marinara Sauce (oz) - Spaghetti Noodles Thyme Baked Chicken Thigh Buttered Rice Parmesan Baked Zucchini Roasted Green Beans Garlic Bread Vanilla Ice Cream Coffee or Hot Tea	Roast Turkey - Poultry Gravy Hamburger Steak w/Grilled Onions - Brown Gravy Mashed Potatoes - Poultry Gravy Parsley Noodles Sliced Glazed Carrots Green Peas Dinner Roll/Bread - Margarine Marble Cake w/White Frosting Coffee or Hot Tea	Cornflake Chicken Breast Thin Crust Cheese Pizza Cheesy Rice Capri Vegetable Blend Tossed Salad w/Dressing Parsley Dinner Roll - Margarine Summer Fresh Fruit Cup Coffee or Hot Tea	Egg Salad Sandwich on Croissant - Lettuce & Tomato Turkey Salad Sandwich - Lettuce & Tomato Creamy Dill Macaroni Salad Potato Chips Tomato Basil Salad Marinated Cucumber & Onion Salad Deluxe Fruit Salad Coffee or Hot Tea	Honey Glazed Sliced Ham Lemon Pepper Chicken Breast Rice Pilaf Buttered Noodles Spinach Au Gratin Green Beans Dinner Roll/Bread - Margarine Cherry Crisp Coffee or Hot Tea	Shrimp Alfredo w/ - Spaghetti Noodles Smothered Turkey Patty Roasted Red Skin Potatoes Steamed Asparagus Cuts Sliced Parsley Carrots Garlic Bread Lemon Cake w/Icing Coffee or Hot Tea	Fried Chicken Salisbury Steak - Brown Gravy Garlic Potato Wedges Egg Noodles Buttered Whole Kernel Corn (veg) Broccoli Florets Dinner Roll/Bread - Margarine Pineapple Tidbits Coffee or Hot Tea
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Dinner

Kielbasa Sausage Chicken Tenders. - Honey Mustard Garlic Roasted Red Skin Potatoes Buttered Orzo Braised Cabbage Whole Kernel Corn (veg) Dinner Roll/Bread - Margarine Scalloped Apples Coffee or Hot Tea Milk	Breaded Pollock Fish Fillet - Tartar Sauce Garlic Baked Pork Chop Tater Tots - Ketchup Yellow Rice Confetti Coleslaw Broccoli Florets Dinner Roll/Bread - Margarine Tropical Fruit Salad Coffee or Hot Tea Milk	BBQ Pork Platter. Salisbury Steak - Brown Gravy Baked Sweet Potatoes Parmesan Noodles Green Beans Chuckwagon Corn (veg) Cornbread - Margarine Double Chocolate Brownie Coffee or Hot Tea Milk	Beef Pepper Steak w/Gravy. Lemon Butter Baked Fish Fillet Mashed Potatoes Seasoned Rice Buttered Green Peas Sauteed Zucchini Dinner Roll/Bread - Margarine Snickerdoodle Cookie Coffee or Hot Tea Milk	Corn Chowder Soup - Saltine Crackers Tuna Melt Sandwich Hamburger on a Bun - Lettuce & Tomato - Ketchup - Pickle Spear French Fries - Ketchup Garden Pasta Salad Broccoli Salad Tossed Salad w/Dressing Chilled Peach Parfait Coffee or Hot Tea Milk	Hot Dog on a Bun - Baked Beans - Mustard Baked Chicken Breast on a Bun - Lettuce & Tomato - Mayonnaise Potato Chips Creamy Cucumber & Onion Salad Green Pea Salad Seedless Watermelon Cubes Coffee or Hot Tea Milk	Cheese Ravioli w/Marinara Sauce Breaded Pollock Fish Fillet - Tartar Sauce Rice Pilaf Caesar Salad Calico Coleslaw Garlic Breadstick Chocolate Cream Pie Coffee or Hot Tea Milk
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Breakfast

Bacon	Scrambled Eggs	Biscuit	Baked Cheese Omelet	Breakfast Ham	Western Scrambled Eggs	Sausage Patty
French Toast	Glazed Cinnamon Roll	- Sausage Gravy	Toast	Scrambled Eggs	Toast	Buttermilk Pancakes
- Margarine	Oatmeal Cereal	Hash brown	- Margarine	English Muffin	- Margarine	- Margarine
- Syrup	Cold Cereal of Choice	Oatmeal Cereal	- Jelly	- Margarine	- Jelly	- Syrup
Oatmeal Cereal	Coffee or Hot Tea	Cold Cereal of Choice	Oatmeal Cereal	- Jelly	Oatmeal Cereal	Oatmeal Cereal
Cold Cereal of Choice	Milk	Coffee or Hot Tea	Cold Cereal of Choice	Oatmeal Cereal	Cold Cereal of Choice	Cold Cereal of Choice
Coffee or Hot Tea	Orange Juice	Milk	Coffee or Hot Tea	Cold Cereal of Choice	Coffee or Hot Tea	Coffee or Hot Tea
Milk		Orange Juice	Milk	Coffee or Hot Tea	Milk	Milk
Orange Juice			Orange Juice	Milk	Orange Juice	Orange Juice
				Orange Juice		

Lunch

Rosemary Pork Loin	Homestyle Meatloaf	Marinated Chicken Thigh	Italian Sausage	Lasagna w/Meat sauce	Breaded Pollock Fish Fillet	Turkey A La King
Lemon Pepper Fish Fillet	w/Ketchup Glaze	Meatballs w/Gravy	Smothered Turkey Patty	Egg Salad Sandwich	- Tartar Sauce	Cheese Quiche
Scalloped Potatoes	Thyme Chicken Breast	Macaroni & Cheese	Garlic & Rosemary Roasted	- Lettuce & Tomato	BBQ Chicken Breast	White Rice
Parsley Rice	Duchess Mashed Potatoes	Mashed Potatoes	Red Skin Potatoes	Potato Chips	Au Gratin Potatoes	Seasoned Green Beans
Sautéed Spinach w/Garlic	Parmesan Noodles	Squash Medley	Herbed Noodles	Caesar Salad	Buttered Rice	Tomato Basil Salad
Creamy Green Beans	Honey Roasted Carrots	Seasoned Green Peas	Seasoned Spinach	Creamy Cucumber & Onion	Broccoli Florets	Dinner Roll/Bread
Dinner Roll/Bread	Baked Tomato Halves	Dinner Roll/Bread	Buttered Whole Kernel Corn	Salad	Sliced Carrots	- Margarine
- Margarine	Dinner Roll/Bread	- Margarine	(veg)	Garlic Breadstick	Dinner Roll/Bread	Chilled Pears
Pear Crisp	- Margarine	Butterscotch Pudding Parfait	Parsley Dinner Roll	Tropical Fruit Salad	- Margarine	Coffee or Hot Tea
Coffee or Hot Tea	Spiced Apple	Coffee or Hot Tea	- Margarine	Coffee or Hot Tea	Sour Cream Orange Cake	
	Coffee or Hot Tea		Lemon Bar		Coffee or Hot Tea	
			Coffee or Hot Tea			

Dinner

Chicken Tenders.	Citrus Glazed Turkey.	Ham & Swiss Sandwich on	Herb & Lemon Fish Fillet	Rancher's Chicken Breast	Hot Dog on a Bun	Cheeseburger on a Bun
- Honey Mustard	- Poultry Gravy	Wheat	Thin Crust Cheese Pizza	Garlic Baked Pork Chop	- Baked Beans	- Lettuce & Tomato
Hamburger Steak w/Grilled	BBQ Pork Chop	- Lettuce & Tomato	Buttered Orzo	Baked Potato	- Mustard	- Ketchup
Onions	Rice Pilaf	- Mayonnaise	Buttered Green Peas	- Sour Cream	Baked Macaroni & Cheese	- Pickle Spear
- Brown Gravy	Baked Sweet Potatoes	Tuna Salad Sandwich	Roasted Zucchini	- Margarine	Confetti Coleslaw	Breaded Chicken on a Bun
French Fries	Steamed Broccoli Florets	- Lettuce & Tomato	Dinner Roll/Bread	Egg Noodles	Tossed Salad w/Dressing	- Mayonnaise
- Ketchup	w/Lemon	Potato Chips	- Margarine	Salsa Salad	Seedless Watermelon Cubes	- Lettuce & Tomato
Buttered Noodles	Sautéed Green Beans	Macaroni Salad	Chilled Peach Parfait	Broccoli Florets	Coffee or Hot Tea	Tater Tots
Tossed Salad w/Dressing	Dinner Roll/Bread	Calico Coleslaw	Coffee or Hot Tea	Dinner Roll/Bread	Milk	- Ketchup
Whole Kernel Corn (veg)	- Margarine	Marinated Tomato & Onion	Milk	- Margarine		Garden Pasta Salad
Dinner Roll/Bread	Cherry Cheesecake Bar	Salad		Chocolate Brownie		Creamy Cucumber & Onion
- Margarine	Coffee or Hot Tea	Summer Fresh Fruit Cup		Coffee or Hot Tea		Salad
Peanut Butter Cookie	Milk	Coffee or Hot Tea		Milk		Sauteed Zucchini
Coffee or Hot Tea		Milk				Chocolate Chip Cookie
Milk						Coffee or Hot Tea
						Milk

