OUR GOAL

at Allaire Rehab & Nursing is to to relieve, reduce or manage pain and improve our patients' quality of life through minimally invasive techniques specifically designed to diagnose and treat painful conditions.

We want You to **Feel Better!**



INTRODUCING THE

Pain Management Program

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A Proud Member of **Allaire Health Services**

115 Dutch Lane Road Freehold, NJ 07728

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allairehc.com





To learn more about our Pain Management Program, call

(732) 4317-420







Dr. Steven Neuman, MD

Director of Physical Medicine and Rehabilitation at Allaire

Dr. Neuman is board certified in Physical Medicine and Rehabilitation and is certified in Musculoskeletal Ultrasound. He specializes in interventional pain management procedures and treats all our rehabilitative patients in need of pain management.

Dr. Neuman completed his undergraduate training at Penn State University, graduating in 2006 with a B.S. in Biomedical Engineering. He then attended medical school at Robert Wood Johnson Medical School and graduated in 2010. He completed an internship year in Internal Medicine at Jersey Shore University Medical Center, graduating in 2011.

Next, he completed his residency in Physical Medicine and Rehabilitation at the Kessler Institute for Rehabilitation graduating in 2014. Following residency, Dr. Neuman completed a one-year Sports and Spine Fellowship through the Rutgers-Kessler Musculoskeletal Medicine Program, graduating in July of 2015.

We are here to help you throughout your recovery as you get back to your everyday activities.







Dr. Neuman and our team at Allaire Rehab & Nursing are equipped with numerous capabilities to treat even the most complex pain conditions.

Following an extensive initial diagnostic evaluation with Dr. Neuman and our staff, an individualized course of treatment is determined. Dr. Neuman and our team of physicians are dedicated to staying abreast on any advances in the field of pain management.



- Botox Injections
- Trigger Point Injections
- Musculoskeletal Ultrasound
- Facet Joint
- Sacroiliac Joint
- Nerve Blocks
- Sympathetic Blocks
- Prescription Medical Treatment

